

# TITLE I PARENT WORKSHOPS

Fall 2023

COME AND JOIN US!



BOOK NOW!

## Parent Portal Workshop Sept 8th

Learn how to navigate the parent portal and understand its features. In-person, Friday, September 8th after Coffee with the Principal; 10 am to 11am in the Parent Center.

## Black Student Achievement Program Sept 20th

Learn about our Black Student Achievement Program (BSAP) on campus and about the activities we have planned for the school year. Meet our new BSAP counselor and the BSAP Team. Wednesday, September 20th via Zoom at 6:30 pm to 7:30 pm. Zoom link provided upon registration.

## College Info Workshops Sept 27th & Oct 25th

Everything you need to know about the application process for Parents of Seniors (but all grade levels welcome). In-person, Wednesday, September 27th at 8:30 am in the Parent Center. Repeat presentation on Zoom at 6 pm.

College Knowledge Night for Parents of Students in Grades 9, 10 & 11. October 25th at 5 pm on Zoom. Sign-up for one or both sessions to obtain Zoom Link.

## What is Positive Mental Health? Oct 13th

Learn how to identify the signs that may warrant mental health services, the benefits of reducing stigma about these conditions and obtain resources to support your children. In-person, Friday, October 13th after Coffee with the Principal; 10am to 11 am in the Parent Center.

## Anxiety: How to Support Your Child Nov 17th

Parents will learn about strategies to help manage and reduce anxiety in their teen(s). Valuable resources will be presented. In-person, Friday, November 17th after Coffee with the Principal; 10 am-11 am in the Parent Center.

